

**From Julia Costa, Class of 2022, majoring in chemistry**

I have typed up my responses to your questions below. Enjoy the rest of your break.

**1. Looking back on PHYS 211 after having continued your college education, what are the most useful things that you got out of PHYS 211 -- either particular subjects and/or techniques and study skills -- that have helped you in your later work (either in later courses or in research/internship positions that you have had)?**

I think phys 211 helped me figure out the study techniques that work the best for me. It was also one of the first classes during which I attended office hours regularly. It made a huge difference in my understanding of the material and it is something I have done in all my later classes.

**2. What are the approaches that you found most helpful for you when taking PHYS 211. E.g., what worked best for you when approaching the class times (lectures/problem sessions/labs); doing regular homework problems , online drills/reading quizzes and quizzes. Did you take advantage of web materials (calendar pages, videos), office hours, evening help sessions, and/or TLC study groups or tutoring, and how helpful were they?**

After lecture each day, I made sure to attempt the assigned problems so that I could ask questions during each problem session. By doing this, I felt more prepared for the quizzes each week. I also attempted the assigned homework problems that corresponded to the lecture to avoid having to do it all at the end of the week and so I could ask questions as they came up. With the reading quizzes, I did all of the assigned reading first instead of just looking for the answers to the questions. I made sure to do the reading even on days that we didn't have a reading quiz. When studying for exams, I utilized the questions on the calendar page to make sure I actually understood the material and could do questions that I had not seen before. The most useful approach for me was to attend office hours weekly. I liked that multiple professors had office hours each week. There was always a session that fit with my achedule and I could find which professor's teaching style was best to help me learn the material.

**3. Is there anything that you wish that someone had told you when you started in PHYS 211 a couple of years ago?**

I think the best piece of advice would be to stay on top of the material throughout the week. If you really make sure you understand the problems as they are assigned, it makes studying for the quizzes and exams easier and less overwhelming. There are many resources available outside of just lectures and problem sessions and it is in one's best interest to utilize those resources as needed.